

## RECREATION DEPARTMENT

The Heart of the Neighborhood



## STAYING FITTES OF WORKAN PARK

## NEW FITNESS CENTER NOW OPEN! 11 AM - 2 PM, MONDAY - FRIDAY

Equipment includes treadmills, eliptical cross trainers, strength equipment, weights, upperbody ergometer, and stationary bicycle!



Quarterly Fees: \$25 residents/ \$50 Nonresidents

Equipment Orientation is required before joining the fitness center. Sign up in the office.

NORMAN PARK 270 F STREET

Call (619) 691 - 5086